



The Marion Gazette



If people ever ask us what Marion was like, we always have to smile. This woman always was impeccably dressed and had a standing hair appointment every week. She is what many people would have termed "sophisticated". She was kind, hilarious, but what attracted people mostly to her was her authenticity and appreciation of everyone she met. She was as down to earth as you could be, yet loved the finer things in life..

Born September 2, 1917, Grandma Marion was born in Osseo, WI. There she played in the fields with her sister and helped her father with various veterinarian adventures. Her father once brought her with on a visit to a nearby farm to visit an ailing horse.

They traveled by sleigh to help take care of the sickly animal. Once her father diagnosed the problem, her father, Jacob Thomas Myhers, grabbed a fence post, wound up, and slapped the horse on the behind. The sickly horse was not ill at all, it was choking, as an apple came shooting out of its mouth. She would say through laughter, "he made me swear I would never tell anyone."

Marion and her sister, Irma, spoke only Norwegian until they started to attend school. She enjoyed swimming in the summer and skating in the winter. Marion loved to read and was quite the socialite

She loved parties, dances, and socializing with anyone. Her charismatic personality was only enhanced by her mischievous sense of humor. She was the type of mother and grandmother that got on her hands and knees to play with the children and she made everyone feel special. She married Alger Sern on May 24, 1941. They had 2 boys and raised them in Osseo, WI. Shortly after they were married, Marion started to recognize the decline of her mother's memory. Her mother, who was only in her 40's, was starting to develop Alzheimer's. Marion's biggest fear was that she too, would someday develop this disease. In Marion's later years her sister, Irma, developed Alzheimer's and unfortunately, Marion did as well.

The name of our community was chosen to honor our Grandma Marion. Her Norwegian heritage and her way of being inspired us to choose the name this community. The definition of the Norwegian word koselig is:

"a feeling of deep contentment, provided by a person, place or atmosphere; experiencing happiness and personal well-being through a combination of nature, companionship and coziness"

We honor her spirit, her struggle and her heart by naming this community: The Koselig House.

Meet Katrina Moore: Director of Operations

Our Mission:

We believe it is in honor to serve the souls that work and reside within our community.

We strive to provide intentional humanity in our daily tasks by providing a safe, kind and gracious home and work environment.

Our priority is to comfort and serve our residents and their families with joy and dignity.

We celebrate the value of every person within our care and feel it is a privilege to share this journey with them.

"As a child I was raised by my grandparents and great grandparents. The love and compassion I received was amazing! They gave me a gift of learning how to respect and honor thy elders. I watched my great grandma turn into someone else. I didn't understand and didn't know how to help. She was diagnosed with Alzheimer's. She always stayed on my mind. 12 years ago I was blessed with the opportunity to work with the elderly. I took every course I could inside and outside of work. I researched and wrote papers on dementia. I vowed to myself I will always treat everyone with compassion and dignity and most of all respect. Here I am, 12 years later, an executive director and watching my kids follow the gift that I received."

Favorite Food: Baked Chicken with Potatoes

Favorite Hobby: "floating in water, I feel free!"

Favorite memory: "My Grandma kissing my forehead after washing my hair."

The person you admire most and why: "My Uncle Creed. He was diagnosed with MS at a young adult age and he suffered for over 20 years plus but I never heard him complain. He always held his head high and smiled! He made everyday count until he was called home." What brings you joy?: " I feel joy when I know I have made at least one person smile, when I lay down at night." - Thanks for sharing your gift with The Koselig Family, Katrina!



We are excited to spread some Christmas to our residents. The Koselig House will be having a small reception for those that call The Koselig House their home. Anna Uttecht and Nick Rees will be showcasing their talents by performing a small Christmas Concert on December 23 at 1:00. Appetizers and punch will be served. Happy Holidays!

A Little Nugget of Goodness

Sleep is being discovered as more important than ever. "One of the reasons we sleep, it now seems, might be to keep a range of illnesses - including cognitive diseases like Alzheimer's and other dementias - at bay. Thanks to newer technologies for measuring the tracking brain activity, scientists have defined the biological processes that occur during good-quality sleep. That they seem to be essential for lowering the risk of brain disorders, for the forgetfulness of senior moments to the more serious memory loss and cognitive decline of dementia and Alzheimer's disease, may convince people of the world that sleep is not for the lazy" (TIME, special edition, Memory)

I don't know about you, but I am going to use this reason ALOT. Now, go take a nap.

Koselig:

A Norwegian adjective:

A feeling of deep contentment, provided by a person, place or atmosphere; experiencing happiness and personal well-being through a combination of nature, companionship and coziness.

Let us Introduce Ourselves

Greetings and Happy Holiday Season! We would like to take this opportunity to introduce ourselves. We are Kim and Darrin Senn, We live in Fall Creek, WI and have two children, Ellie who is 20 and Aidan, who is 18.

Since they are at the age where they are on to their next adventure in their lives, we thought, why don't we set forth on a new adventure as well. So here we are. As you can read in the adjacent article, we loved and admired Darrin's grandma Marion very much. It is truly an exciting time for us. We are creating a place that we are proud of and are excited to bring that excitement, as well as an abundance of joy, into our building to share with our family that resides and works at The Koselig House. We will be sending out a newsletter quarterly to inform you of events, and nuggets of information. We hope you find it interesting and meaningful. We look forward to continuing to meet more family members of our residents in the upcoming months. It is an honor and a privilege to bring you the type of home that our Grandma Marion would have loved to have. Wishing you a wonderful holiday season,
Darrin and Kim Senn